Enrolments for 2015 are now open. Enrolment forms and information packs are available at the school office. If you know of anyone who is intending to enrol a prep student at our school could you please encourage them to let us know so they can be included in the pre-prep program conducted in term 4.

**Principal’s report**
This week Mr Mick Roberts worked with the students who like to play ‘footy’ at school. He has been assisting them with their skills, reinforcing that it is important to play fairly and give everyone a go and abiding by the umpire’s decision. He has also been training the older students to umpire so we can have the games continue in a positive manner when an adult is not present. The students will practice their new skills over the next few days and have questions and scenarios ready for Mr Roberts when he returns next week. In a small school such as ours it is important that the game is inclusive and all those who want to play, enjoy the game.

The Kitchen Garden Program is in full swing for the term with the children making a variety of breakfast foods. There is also a gardening group included in each session so we can get the vegetable garden producing food for the cooking classes. If you would like to help during gardening sessions please contact the office for a timetable.

As part of the School review process this term we are inviting interested parents to be involved in this process. Specific areas we will be examining are the Literacy, Numeracy, and School Wide Positive Behaviours, Student Welfare and special programs such as the Stephanie Alexander Program, Camps and...
Excursions, and the RACV Energy Breakthrough program, to ensure we are meeting the needs of our students. If you would like to be involved please contact me at the school. Dates for this committee meeting will follow next week. This week we welcome the Dingwall and Shinton families to our school. The children have all settled in well and have been positively welcomed by the students. We also welcomed back Ms Kelly Davies this term who will be taking Art with the 5/6 and 1/2 and 3/4 students as well as working with students in the senior building during literacy and numeracy and assisting with the implementation of the Bounce Back Social Skills Program.

Zonda Lynn - Principal

Family & Friends
Agenda items: Mon 4th August
1/. Pie Drive
2/. Bingo Night
3/. Father’s Day
4/. End of year Disco
These are some of the topics we will be talking about at the meeting, if you are unable to make the meeting and would like to raise an issue, please write it down and place it in the box at the office or you can give it to Emma Brooks or Libby Miles.

FAMILY & FRIENDS IS HOSTING THE BINGO RAFFLE AT THE SALE GREYHOUNDS ON MONDAY 18TH AUGUST.
We need 20 prizes donated for this, so if you would like to help with a prize could these please be dropped into the office. Items need to be new (no second hand items please) items can include a small food hamper, soaps, chocolates, vouchers etc.
Also if you would like to attend the bingo eyes are down 7:30PM, best to get there around 7pm to grab a good seat and your bingo books.

Educational Maintenance Allowance Second Instalment
Eligibility
To be eligible to receive the EMA, you must:

1. be either a parent or guardian of a primary or secondary school student up to the age of sixteen; and
2. be an eligible beneficiary of a Centrelink pension, allowance or benefit within the meaning of the State Concessions Act 2004 or be a Veterans Affairs (TPI) pensioner or be a foster parent; and
3. Submit your application to the school by the due date.

The eligibility criteria must be met as at the first day of 3rd Term (14 July 2014) for the second instalment.
Please submit your application by 1 August 2014 for the second instalment of the EMA unless your child remains enrolled at the same school and you were paid the first EMA instalment.

Bike Challenge
If you would like to try out for the Bike Ed Challenge team please bring your bike tomorrow, Friday 25th. Trials will be held at lunchtime.

Jump Rope for Heart
We had a representative from JRFH visit our school this week to promote a healthy lifestyle. Did you know that just 10 minutes of
skipping is equivalent to about 30 minutes of jogging?
All students will be skipping during fitness and learning lots of skills in preparation for out Jump Rope for Heart Day on Tuesday 19th August. If you would like to raise money for Heart Foundation sponsorship can be accessed on-line
www.heartfoundation.org.au/jumpropeforheart and on a hard copy which has been given to students.

SAKGP
Do you have extra produce in your garden that you would like to share with us for our cooking program e.g. eggs, vegies, fruit (even if you don’t know what it is!)
We would love to use it.
Contact Jo at school or leave at school office.

Trashless Tuesday
The results for this week’s Trashless Tuesday are as follows;
1st with 75% - Prep
2nd with 58% - 1/2H & 2/3M
3rd with 50% - 3/4K & Staff
4th with 39% - 5/6G

On Monday Grade 1 and some grade prep students attended Gym in Maffra. Students had a great time learning to do handstands safely, walking along the beam and climbing through the foam pit.

COMMUNITY NOTICES

ACTING CLASSES @ The Stratford Courthouse Theatre
7 - 9 years: Wednesday 5pm - 6pm
10 years - 15years: Mondays 5pm - 6pm
Bookings essential - Phone: 5145 6790

Anglicare
The term 3 Parentzone Gippsland Newsletter is now available to download from the Anglicare website.
This newsletter contains valuable information on Parenting Programs and Support Groups in the Gippsland area and is a particularly useful resource
To find the Parentzone Gippsland Newsletter, please follow the below directions:
- Go to www.anglicarevic.org.au
- Click on News
- Click on Newsletters
- Click on Parentzone Newsletter
- Click on Gippsland Newsletter

Christine Dicker
Program Support Officer
Parentzone Gippsland
Available Monday - Wednesday
Anglicare Victoria
PO Box 959 (65 Church Street)
MORWELL VIC 3840
P: (03) 5133 9998
F: (03) 5133 9601

Asthma and Hay Fever (Allergic Rhinitis) in Spring.

During spring time plants, grasses and trees release pollens into the air. As a result, students and staff who are sensitive to pollen may find their asthma and hay fever (allergic rhinitis) symptoms worsening. During days of windy conditions or during thunderstorms more pollen is released into the air. When breathed in these tiny particles penetrate the lungs.

Hay fever is very common during spring and as a result of the strong association between asthma and hay fever, those with both conditions will often experience increased asthma symptoms during this time.
EXTREME CLIMATIC EVENTS

FREE COUNSELLING & SUPPORT SERVICE

Have you been impacted by an extreme climatic event which occurred in Gippsland, such as the Morwell Mine fire, bushfire, flood or drought?

Or are you concerned about extreme climatic events which may occur such as feeling anxious about the upcoming bushfire season?

If you have these concerns and are on a low income you can receive a free counselling and support service from Relationships Australia Victoria based in Gippsland.

How can we help?

We can offer individual, couple, family counselling sessions and group work.

We have outreach services across Gippsland and can offer some home visits where people are unable to come to a centre. We also offer counselling via telephone and video conference.

What to do next?

Contact Traralgon Centre on 5075 9500 or freecall 1300 369 630 and ask to be booked in for an initial consultation with an Access to Allied Psychological Services (ATAPS) counsellor.

You will need to get a referral from a GP – we can provide you with information to pass onto your GP.